Massage Therapy

With Patricia Y. Stonebanks, RMP (Trish)

With over 30 years of experience, Trish Stonebanks specializes in Sports, Deep Tissue, Swedish and therapeutic modalities. She is dedicated to delivering great care and skill to her treatments in a nurturing environment and has a passion for helping her clients in their healing process. Trish has experience helping people with fibromyalgia, postural problems, sports injuries, carpal tunnel, tendonitis, head-aches, TMJ Disorder and stress relief. She also has years of experience helping seniors to relieve various discomforting conditions related to age progression.

Licensed in the State of Maryland, Trish is a graduate of Potomac Massage Training Institute and a member of the American Massage Therapy Association.

1 Hour—Deep Tissue/Sports Massage	**$100**
90-Minute—Deep Tissue/Sports Massage (Includes Himalayan Salt Stones)	**$125**
30-Minute—Specific Condition/Back Massage	**$55**
Three, 1 Hour—Deep Tissue Massages	**$240**
"Body Glow" - Exfoliation Treatment/Aromatherapy Dry Brushing/Loofa/Essential Oils	**$110**
Young Living Raindrop Technique®—Healing benefits of Essential Oils/Massage/Heat Compress	**$125**

Patricia Y. Stonebanks, RMP

License #R00794

Gift Certificates, Discount Packages and Coupons available!

Relax, Refresh, Rejuvenate

For Appointments, Call:
240-793-8070