

Aspen Hill Club Aquatic Schedule Summer 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Lap Swim 6:00 - 10:30am	Adult Lap Swim 6:00 - 10:00am	Adult Lap Swim 6:00 - 10:30am	Adult Lap Swim 6:00 - 10:00am	Adult Lap Swim 6:00 - 10:00am	Adult Lap Swim 8:00 - 9:00am	Adult Lap Swim 8:00 - 10:00am
	<u>NO FAMILY SWIM</u> H2O Cardio <i>Maria Kolanowski</i> 10:00am - 10:45am		<u>NO FAMILY SWIM</u> Aqua Sculpt <i>Maria Kolanowski</i> 10:00am - 10:45am	<u>NO FAMILY SWIM</u> Aqua Suspension <i>Mary Kempf</i> 10:00am - 11:00am		
<u>NO FAMILY SWIM</u> H2O Cardio <i>Maria Stagnitto</i> 10:30am - 11:30am	Adult Lap Swim 10:45am - 11:30am	<u>NO FAMILY SWIM</u> H2O Cardio <i>Maria Stagnitto</i> 10:30am - 11:30am	Adult Lap Swim 10:45am - 11:30am	Adult Lap Swim 11:00am - 11:30am	<u>NO FAMILY SWIM</u> Power H2O <i>Faye McAneny</i> 9:00 - 10:00am	
Summer Camps 11:30am - 1:30pm	Summer Camps 11:30am - 1:30pm	Summer Camps 11:30am - 1:30pm	Summer Camps 11:30am - 1:30pm	Summer Camps 11:30am - 1:30pm	Adult & Family Swim 10:00am - 4:00pm	Adult & Family Swim 10:00am - 4:00pm
Adult Lap Swim 11:30am - 1:00pm	Adult Lap Swim 11:30am - 1:00pm	Adult Lap Swim 11:30am - 1:00pm	Adult Lap Swim 11:30am - 1:00pm	Adult Lap Swim 11:30am - 1:00pm		
Adult & Family Swim 1:00pm - 7:00pm	Adult & Family Swim 1:00pm - 9:00pm	Adult & Family Swim 1:00pm - 6:30pm	Adult & Family Swim 1:00pm - 9:00pm	Adult & Family Swim 1:00pm - 7:00pm	POOL CLOSURES 4:00pm	POOL CLOSURES 4:00pm
<u>NO FAMILY SWIM</u> H2O Cardio <i>Lori Sundstrom</i> 7:00 - 8:00pm		<u>NO FAMILY SWIM</u> H2O Cardio <i>Lori Sundstrom</i> 6:30 - 7:30pm				
Adult & Family Swim 8:00pm - 9:00pm		Adult & Family Swim 7:30pm - 9:00pm		POOL CLOSURES 7:00pm		
POOL CLOSURES 9:00pm	POOL CLOSURES 9:00pm	POOL CLOSURES 9:00pm	POOL CLOSURES 9:00pm		<i>Pool Closes at 4:00pm Saturday and Sunday</i>	
<i>Pool Closes Monday through Thursday at 9:00pm and Friday at 7:00pm</i>						
<p>Children are not permitted to play in the pool during Water Aerobic Classes . However, children are permitted to play during Family Swim times. Please check the schedule prior to arriving at club to ensure there will be space for your children to play. If you arrive during Adult Lap Swim Time and space is available you and your child may be allowed to play freely. However, if at times that the guard feels it is unsafe due to lap swimmers - they may ask for your patience and limit the space in which your child may play.</p>						

All Patrons Must Shower Before Entering The Pool!