

Aspen Hill Club Aquatic Schedule Spring 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Swim 6:00 - 10:30am	Adult Swim 6:00 - 10:00am	Adult Swim 6:00 - 10:30am	Adult Swim 6:00 - 10:00am	Adult Swim 6:00 - 10:00am	Adult Swim 8:00 - 9:00am	Adult Swim 8:00 - 10:00am
	<u>NO FAMILY SWIM</u> H2O Cardio <i>Maria Kolanowski</i> 10:00am - 10:45am		<u>NO FAMILY SWIM</u> Aqua Sculpt <i>Maria Kolanowski</i> 10:00am - 10:45am	<u>NO FAMILY SWIM</u> Aqua Suspension <i>Mary Kempf</i> 10:00am - 11:00am		
<u>NO FAMILY SWIM</u> H2O Cardio <i>Maria Stagnitto</i> 10:30am - 11:30am		<u>NO FAMILY SWIM</u> H2O Cardio <i>Maria Stagnitto</i> 10:30am - 11:30am		Swim Lessons 11:30am - 12:00pm (Registered Classes)	<u>NO FAMILY SWIM</u> Power H2O <i>Faye McAneny</i> 9:00 - 10:00am	
Adult & Family Swim 11:30am - 7:00pm	Adult & Family Swim 11:00am - 4:30pm	Adult & Family Swim 11:30am - 4:30pm	Adult & Family Swim 11:00am - 4:30pm	Swim Lessons 10:30am - 12:15pm (Registered Classes)	Adult & Family Swim 10:00am - 4:00pm	Adult & Family Swim 10:00am - 4:00pm
	Swim Lessons 4:30 - 5:30pm (Registered Classes)	Swim Lessons 4:30 - 6:15pm (Registered Classes)	Swim Lessons 4:30 - 6:15pm (Registered Classes)	Adult & Family Swim 12:00pm - 7:00pm		
	Lap Lane 5 may be reserved for swim lessons	Lap Lane 5 may be reserved for swim lessons	Lap Lane 5 may be reserved for swim lessons		POOL CLOSURES 4:00pm	POOL CLOSURES 4:00pm
<u>NO FAMILY SWIM</u> H2O Cardio <i>Lori Sundstrom</i> 7:00 - 8:00pm	Adult & Family Swim 5:40 - 9:00pm	<u>NO FAMILY SWIM</u> H2O Cardio <i>Lori Sundstrom</i> 6:30 - 7:30pm	Adult & Family Swim 5:40pm - 9:00pm			
Adult & Family Swim 8:00pm - 9:00pm		Adult & Family Swim 7:30pm - 9:00pm		POOL CLOSURES 7:00pm		
POOL CLOSURES 9:00pm	POOL CLOSURES 9:00pm	POOL CLOSURES 9:00pm	POOL CLOSURES 9:00pm		<i>Pool Closes at 4:00pm Saturday and Sunday</i>	
Pool Closes Monday through Thursday at 9:00pm and Friday at 7:00pm <i>Memorial Day, Monday, May 30th - Pool Closes at 1:00pm</i>						
<p>Children are not permitted to play in the pool during Water Aerobic Classes . However, children are permitted to play during Family Swim times. Please check the schedule prior to arriving at club to ensure there will be space for your children to play. However, if at times that the guard feels it is unsafe due to lap swimmers - they may ask for your patience to let your child play freely. Please know the Lifeauard on duty will enforce all policies.</p>						

All Patrons Must Shower Before Entering The Pool!